News from John & Silvia ......

NAPLAN testing was completed last week. In September we will get the results, which will add to our rich band of assessment information for your child. We use this data to see where your child is at, what they need to work on next and to measure their progress. For R-2 students (who do not participate in NAPLAN), one key piece of data we use is Running Records. In “non teacher” speak this is the testing of your child’s reading level, which is done each term (a 1:1 test) and determines what level take home reader your child should be on. If you would like further information about the processes we use to assist your child to improve their reading, a great resource is Jill Annichiarico from Room 20. Jill is released from teaching on a Friday morning to be our Reading Support Teacher. Last week she ran a parent workshop on Jolly Phonics to show the work we do at school.

For the last two days John has been in Canberra visiting a variety of primary and high schools. He observed programs and a Thinking Festival that could assist Torrensville Primary (and in this case many of the schools in the Western suburbs) to have students with greater problem solving skills and more input into what and how they learn at school. This information will be shared with Governing Council and staff as we work towards being a more ‘Future Focussed School’.

Child Well-being

Everybody’s life has ups and downs and are a part of childhood too. Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life’s ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

Skills and qualities that help children cope with life’s ups and downs:
- **Trust** - that the world is safe and that there are caring people to help them.
- **Belief** - in their ability to do things for themselves and achieve their goals.
- **Feeling good** - about themselves and feeling valued for who they are by their parents and carers.
- **Optimism** - that things generally turn out well.
- **Regulation** - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and learn to keep a balance over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

**Support**: If your child or family are needing support with concerns of behavioural/social/emotional needs, mental health, family breakdowns, substance misuse, family violence, financial hardships you may want to contact:

Nicole Dal Piva - Pastoral Care Worker
Heath Kerley - Child Well-being Practitioner

Phone: 8443 7355
nicole.dalpiva187@schools.sa.edu.au
heath.kerley@sa.gov.au

How Nicole and Heath can support

- Support staff /schools to respond to the wellbeing needs of children and their families.
- Provide information, advice and support directly to children, young people and families.
- Make referrals to other support agencies / services who can offer specialised / longer term assistance.

This term R8, R10 & R12 are involved in **Yoga** sessions on Fridays for 5 weeks. Students are not only having fun but finding out the other benefits, such as:

- Developing body awareness
- Learning how to use their body in a healthy way
- Manage stress through breathing, awareness, meditation and healthy movement
- Build concentration and mindfulness
- Increase their confidence and positive self-image

Car parking at Torrensville

This week we have had complaints from some of our neighbours regarding parking. Please ensure that you are not blocking any driveways! One neighbour had to wait for a parent to return to their car before they could leave their property to get to work. Parking issues have been reported to the council, which may result in parking inspectors monitoring and issuing fines. You’ve been warned! We are also having reports of parents dropping children off in our staff carpark, across the staff carpark driveway, along yellow lines and double parking. These practices are NOT acceptable and are extremely dangerous.

In the interests of the safety of all in our community, please take a few extra minutes out of your day to find a safe and legal place to park to drop off/pick up your children.
Mother’s Day
Firstly a big thank you to the Parent’s and Friends (some of whom are pictured) for organising a fantastic stall for the children to buy lovely gifts.

We hope that all of the mums in our community had a wonderful day with loved ones.

Sports Results

Netball
Year4/5/6: TPS 7 - St Marys 9
Year 7: TPS 18 - Marymount 15

Soccer
Under 7: TPS 0 - Prospect 3
Under 8: TPS 0 - Nazareth 4
Under 9: TPS 1 - Nazareth 0
Under 11: TPS 2 - St Josephs 2

If you would like your teams sports results published in the next newsletter, delegate one of the parents to email Jen (dl.1285.info@schools.sa.edu.au), or ask one of the children to report results to the office. If any children would like to write a match report that would be fabulous. The next newsletter will be 1st June, with the deadline for content 30th May. If you take any photos, please send those through too!

Mark Pannenburg

Premiership Crows players visit TPS!

Last week Crows Women’s players, Chelsea Randall, Anne Hatchard visited us and held a clinic for a group of our girls. Channel 10 were also present filming the girls for an episode of ‘scope’ which will go to air later in the year.

PUPIL FREE DAY AT OSHC!
MONDAY 5TH JUNE 2017
7.30am - 6.00pm
OUT DAY: BUMPER BOWLING
AMF WOODVILLE

$55 Full Day (Bookings more than 7 days notice)
$60 Full Day (Bookings less than 7 days notice)

All bookings must be made before
10am Wednesday 31st May 2017

The service must have a minimum of 15 bookings to operate
If you are interested in making a booking please place your child’s name and sign permission on the list provided in the OSHC Room. Or contact Alicia on 8354 0837.